

ATOPIC ECZEMA

Dear viewers, we wish you a nice day and thank you for making time to learn interesting information about health problems and the method of their treatment. Atopic eczema is one of the biggest problems a large population suffers from not only in our country but also in a number of developed countries. Holistic medicine and detoxification using Joalis products, however, offers an option in the prevention of chronic inflammation of the skin including the said eczema. Doctor Jonas, the expert in holistic medicine and the founder of Joalis company will tell us more about it. Doctor, you have the floor.

Atopic dermatitis is currently a very common disease, and the number of people, especially children, suffering from this disease continues to grow. It is a skin disease and "atopic" means a certain type of immune disorder. It is sometimes confused with the word "allergic" but it is a mistake. Atopic reaction is not an allergic reaction as we commonly understand it but it's a different type of an immune disorder. This type of immune disorder is manifested by inflammation of the skin. The advantage of holistic medicine lies in the fact that if we succeed in elimination of the cause of this disease, atopic eczema will disappear forever. It is not a symptomatic therapy, i.e. therapy, after which symptoms disappear only for some time. Practically, it is almost always possible to remove the causes, and thus help people with this usually very chronic disease.

Where shall we find the causes? Above all, we have to get back to the intestine as many times before and in other works you will find this link to the situation in the intestine, which is known as intestinal dysbiosis or symbiosis. Just to repeat, let us recall that in case of dysbiotic problems toxins arise in the intestines and then penetrate into the body and weaken various tissues, such as the nervous system and skin and other organs. An intestinal dysbiosis is also a very serious violation of immunity, in which the immune system does not recognize a variety of microorganisms and it is not able to intervene effectively against them. It is very important for eczema. The intestine plays an important role in eczema because according to the traditional Chinese medicine the lungs, intestine and skin form a sort of the functional unit. It means that certain problems that occur in these organs can move freely among them, so we can find e.g. a dermo-respiratory problem, which means that problems with the skin can alternate with breathing problems. And we all also know that the intestine and the quality of its function and environment mean a lot. Particularly women should know about it because they want to have a beautiful young skin naturally throughout the whole life, so first they have to take care for their intestine and not just for their skin as they unfortunately usually do.

What is the next thing that plays the vital role? Furthermore, in case of atopic eczema we encounter toxin located in the brain, in the central nervous system, specifically in *insular lobe*. Toxin present here induces the said immune disorder– atopy. In eczema itself the crucial role is again played by microorganisms that invade the skin. Based on the causes that I have just mentioned the skin has altered immune properties and it is not able to resist the infection and chronic infection of the skin thus persists. And it is the central nervous system disorder i.e. immunity disorder that causes the erroneous, pathological reaction of the immune system to these microorganisms and actually induces chronic inflammation instead of dealing with the microorganisms in question.

Significant is also the fact that dysbiosis is very often accompanied by overgrowth of fungi in the intestines. When eating sugar or sweets containing sugar we nurture these fungi that rapidly multiply and cause various problems – flatulence, stool problems, itching, etc. If fungi overmultiply they get into other organs where they reproduce, e.g. gynaecological tract and of course into the skin. So with eczema we can meet with various microorganisms, including fungi, but all this has to be dealt with individually because there exist really all sorts of microorganisms. Very common is borrelia or viruses but the skin can be infected by impetigo, bacteria or cocci. The range of microorganisms is therefore endless and the immune system is not able to cope with this infection and as I said it reacts in an atopic way.

We must therefore begin with intestinal symbiosis that was discussed in the previous part. Intestinal symbiosis relieves our body from toxins in two steps: it relieves the body from both toxins, i.e. those that result from the digestion process and further produce microorganisms in the intestines and those that got there in the past and settled in tissues. Establishing intestinal symbiosis will lead to a significant improvement of immunity.

These are the basic steps that we have to take in order to cope with atopic eczema. Then we need to intervene in the central nervous system and remove toxins that are active here. As a consequence, the erroneous immune response, i.e. atopic response, disappears and the brain returns to the genetically programmed proper control of the immune system, which ultimately allows us to clear the skin from various toxins, especially microorganisms. This time the immune system will be helpful. It is a complicated process but we cannot avoid it in case of atopic eczema because there is no other rational approach, which would help us to cope with the disease.

So we will begin with intestinal symbiosis and administer SUPERTOX preparation together with CORTEX preparation that intervenes in the brain, in the place known as *pons*, from where intestinal symbiosis is monitored and controlled. Then we use TOXIGEN preparation that removes toxins created in intestines during digestion processes. We discussed already in the previous part that this treatment is not the only solution. In individual cases it may happen that we have to use slightly different preparations, i.e. SUPERTOX, ZOOINF and SPIROBOR, which eliminate those microorganisms that affect the area called the *pons* and cause intestinal dysbiosis. NODEGEN, i.e. emotional preparation, is added to both treatments because it solves encapsulated emotions and enables the other preparations to get into the places where they have to be active. This is one of the first steps.

But we were talking about fungi that often affect intestines and play a role in atopic eczema occurrence because they produce certain toxic substances, but the most important fact is that their mycelium grows through the intestinal wall. Basically, fibres of fungi make holes in the intestinal wall and in this way substances that should have remained in intestines penetrate into the organism. Everybody is going to think that it is not good at all.

Then we get to the central nervous system, specifically to the area *lobus parietalis*. Here we can use CRANIUM preparation because I have already mentioned all other necessary preparations when talking about intestinal symbiosis adjustment.

Neither the third step will be anyhow special because the said preparations will affect the skin and microorganisms in the skin so there is no need to add any special preparations. It is

detoxification, which apparently looks very complicated but basically it is based on clean-up of the intestine.

I must not forget that we use YEAST preparation to remove fungi and, of course, it will be very good when we cut down on intake of sugar to minimum because fungi feed on sugar and any intake of sugar causes rapid multiplication of fungi. It is a unique nutrition for them so when cleaning the body, we have to try not to unnecessarily nurture these fungi.

We can also encounter other problems because atopic eczema is a very complex and complicated disease that is difficult to eliminate. Therefore, further body cleansing will take place in such a way that we will try to relieve the organism from microbial toxins using MIKROTOX preparation. These are the substances that are secreted particularly by those microorganisms that are not welcomed in the body, i.e. harmful ones. MYKOTOX preparation removes toxins produced by fungi, which, as I have already said, easily multiply in intestines during dysbiosis and penetrate into other organs and produce substances known as mycotoxins, which can be very toxic. Therefore, even the most common mycotoxins are still toxic for our body.

I also recommend using MINDDREN preparation due to the fact that heavy metals can be another toxin connected with atopic eczema. MINDDREN preparation not only triggers detoxification of heavy metals but it also intervenes into the area of cleansing from antibiotics. Antibiotics or their residues in the organism play a major role in dysbiosis. Virtually we encounter two causes of dysbiosis, one of which is the presence of residues of antibiotics and the other is the presence of residues after vaccination. We will use DEIMUN AKTIV preparation to remove residues after vaccination.

The mentioned set of preparations will be sufficient for most people in order to remove atopic eczema.

So, to sum it up: **first, we begin intestinal symbiosis** where we can use two variants - depending on the actual cause. In the next step, it is very important to use detoxification **preparations for microorganisms**, especially ZOOINF and SPIROBOR preparations, but ANTIVEX preparation, an antiviral preparation, can also play its role or NOBAC preparation, which is a preparation against bacteria, chlamydia, bacilli and others. Then we will proceed to **fungal detoxification** – YEAST preparation + cutting down on the amount of sugar - and finally we are left with removal of the mentioned **toxins produced by microorganisms**, i.e. MIKROTOX preparation that eliminates microbial toxins and MYKOTOX that eliminates fungal toxins and DEIMUN preparation used to remove residues after vaccination and MINDDREN preparation that removes heavy metals and antibiotic residues. If we undergo these treatments, we will not only fight against atopic eczema, but as it is customary in holistic medicine, we will work with the whole organism. It means that the impact will be reflected in other functions and other organs, we will harmonize the whole body and achieve better health condition than before starting this treatment.